

# GOOD DEEDS

Day 5

## LESSON

Good deeds are an act or gesture especially as illustrative of one's intention and character. While Ramadan helps teach self-control and piety, it is also a time for being intentional in doing good and helping those in need.

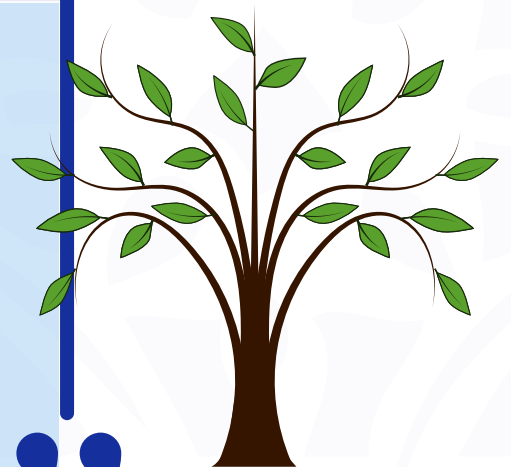
Performing good deeds helps to learn and practice important skills such as social awareness, perspective taking, empathy and in some cases, organisational skills.



“

"If a Muslim plants a tree or sows seeds, and then a bird, or a person or an animal eats from it, it is regarded as a charitable gift (sadaqah) for him."

**Hadith: Sahih Bukhari 2320**



”